Kids Snack Menu

Its crunchtime!

Cheese, crackers, hummus and veggie dippers with some creamy dips

Chicken mayo sandwiches

Yoghurt and muffins

Chocolate chip/ oatmeal cookies

Chicken, veggie or beef samosas

Bacon and smoked cheese sandwiches

**Each snack is served with hot chocolate, a selection ice teas, and some infused water

**Special requests and provisions are made for students with any allergies, such as nuts or dairy products but the kitchen must be notified during the application process

Kids Breakfast Menu

Rise and shine and give God the glory

Ground nut porridge/creamy millet porridge

Classic English Breakfast (tomatoes, toast, eggs, bacon and beans)

Ham-and-cheese Frittatas

Scrambled egg tacos

Boiled egg pops and toast/spinach and cheese muffins
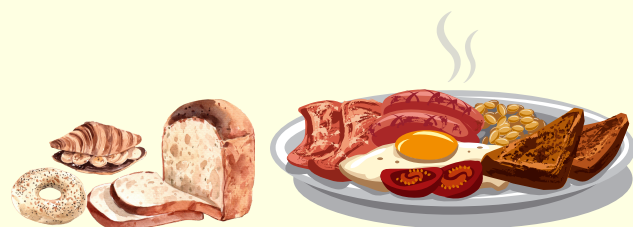
Fruity breakfast strata

Granola and yogurt parfait

Assorted cereal/baked oats/fresh scones

Pancakes with slices of fruit and assorted home made syrups

**Special requests and provisions are made for students with any allergies
**Served with a variety fruits and of hot and cold beverages

Kids Lunch Menu

You are Psalms 91 equipped!

Aunty Rose's spaghetti bolognaise (celebrating the tomatoes sold by women in mikango)

Marlene's chicken enchiladas with potato salad

The Explorer burger with irish or sweet potato chips and coleslaw

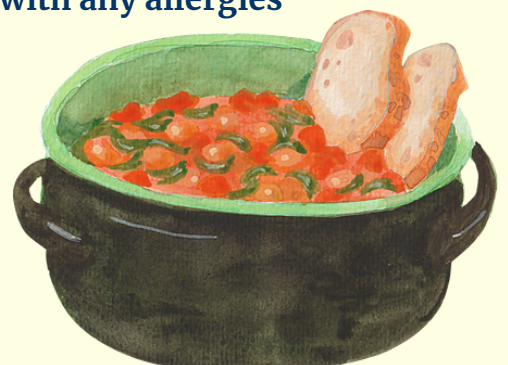Mrs. Musokotwane's Hot pot (local beans, beef and potatoes)

Nshima and bream with pumpkin leaves (chibwabwa)

Little explorers roasted chicken and baked potatoes

Naga's chicken egg noodles

**Special requests and provisions are made for students with any allergies
**Served with a variety of hot and cold beverages

Kids Dinner Menu

Peace be still

The joy of the Lord is your strength

Mama Olinette's mash potato and fish fillet with steamed veggies

Grilled pork/beef with steamed rice, gravy and a side salad

Teacher Selina's jacket potato and meat loaf

Dayu's beef fried rice and a veggie stir fry

Dr. Francessco Morabito's penne pasta and italian salad

Pizza and side salad

Nshima and beef stew

Fish and chips

**Special requests and provisions are made for students with any allergies
**Served with a variety of hot and cold beverages